## **GWENT Regional Collaborative Sport and Physical Activity Scorecard 2014-2017**

### **Service Description:**

The Gwent collaborative project aims to respond to the drivers for change in Sport and Physical Activity. In addition to the Simpson Compact, these are Climbing Higher, Creating an Active Wales and the Vision for Sport in Wales. In the Wales Audit Office report (WAO) of 2010 on the progress of Local Authority Physical Activity Plans (LAPAs), the following examples of where regional collaboration can improve current delivery mechanisms were provided:-

- The pooling of resource/funds to areas that bring the greatest return;
- · Overcoming a 'complacent' attitude around core funding;
- Performance should be managed not just measured with a focus on high level delivery aspirations; use of long term survey data to inform interventions and action;
- · Sharing of good practise to become more evident; and
- Overcome silo working from separate directorates.

## **Principles of Collaboration**

- To share and use data to underpin discussion that leads to new ways of working to increase participation in sport and physical activity
- To provide **benchmarking** opportunities, and identify and share excellence across the region, to promote service improvement
- Improve the quality of staff and service delivery
- Increasing capacity to deliver services, delivering best value where possible
- Improve systems of delivery, and develop a consistency across the region to help enhance service
- Improve the access to services for residents across the region, providing joined up services.
- To create a fit for purpose regional **scrutiny** board, providing a quarterly environment of challenge and support on the regional and priority area scorecards. Including chief officers of recreational Leisure/ Sport Wales regional Manager/ Regional LA managers.
- Regional LA Sports Development Managers will meet on a monthly basis to monitor the delivery of the regional plans.

## **Our Population Indicators**

- % of adults taking part in regular sport and physical activity
- % of children and young people taking part in regular sport and physical activity

| riority |                   | Group Mem | nber Leads    | Authority |            |
|---------|-------------------|-----------|---------------|-----------|------------|
| 4       |                   |           | D : 0 :#      |           | <b>N</b> 1 |
| 1.      | Aquatics          | 1.        | Barrie Swift  | 1.        | Newport    |
| 2.      | Systems and data  | 2.        | Craig Nowell  | 2.        | Caerphilly |
| 3.      | Workforce         | 3.        | Jared Lougher | 3.        | Caerphilly |
| 4.      | Physical Literacy | 4.        | Cath Hares    | 4.        | B Gwent    |
| 5.      | Positive Futures  | 5.        | Karl Reed     | 5.        | Newport    |

## Outcome: All people in Gwent lead active lifestyles

| Indicator   |               | 2011 | 2013 | Target<br>2015 | Target 2017 |
|---|---------------|------|------|----------------|-------------|
|   | Caerphilly    | 27%  | 28%  | TBC            | TBC         |
|   | Blaenau Gwent | 28%  | 31%  | TBC            | TBC         |
| % Adults who reported meeting physical activity guidelines in   | Torfaen       | 28%  | 26%  | TBC            | TBC         |
| the past week (observed)  | Monmouthshire | 33%  | 32%  | TBC            | TBC         |
| (Source: Welsh Health Survey)   | Newport       | 27%  | 29%  | TBC            | TBC         |
|   | Region        | 29%  | 29%  | TBC            | TBC         |
|   | WALES         | 30%  | 30%  | TBC            | TBC         |
|   | Caerphilly    | 26%  | 39%  | 41%            | 43%         |
|   | Blaenau Gwent | 27%  | 37%  | 42%            | 50%         |
| 0/ of shildren and young poople taking part in regular sport and  | Torfaen       | N/A  | 36%  | 41%            | 46%         |
| % of children and young people taking part in regular sport and physical activity (source: School sport survey) | Monmouthshire | N/A  | 42%  | 45%            | 50%         |
| physical activity (source. School sport survey)   | Newport       | N/A  | 43%  | 48%            | 53%         |
|   | Region        | N/A  | 40%  | 43%            | 48%         |
|   | WALES         | 27%  | 40%  |                |             |

Principles for collaboration in Gwent

To share and use data to underpin discussion that leads to new ways of working to increase participation in sport and physical activity

To provide benchmarking opportunities, and identify and share excellence across the region, to promote service improvement

Improve the quality of staff and service delivery

Increasing capacity to deliver services, delivering best value where possible

Improve the access to services for residents across the region, providing joined up services.

Improve systems of delivery, and develop a consistency across the region to help enhance service To create a fit for purpose regional scrutiny board, providing a quarterly environment of challenge and support on the regional and priority area scorecards. Including chief officers of recreational Leisure/ Sport Wales regional Manager/ Regional LA managers.

## All people in Gwent lead active lifestyles

#### What would success look like?

- Increased participation levels in sport and physical activity in adults
- Increased participation levels in sport and physical activity in children and young people

## How are we going to achieve this outcome?

- The Gwent Sub Group for Sport and Leisure to demonstrate impact against priorities agreed.
- To instil accountability for collaborative improvement across the local authorities
- To meet quarterly to measure progress and identify improvement areas.

|  |               |          |          |         |         | 1       | •       |
|--|---------------|----------|----------|---------|---------|---------|---------|
| How are we doing so far?                         |               |          |          | Actuals |         | Target  | Target  |
| Indicator  |               | 2009 /10 | 2010 /11 | 2011/12 | 2012/13 | 2014/15 | 2016/17 |
|  | Caerphilly    | 3.61%    | 5.27%    | 6.75%   | 7.96%   | 10%     |         |
|  | Blaenau Gwent | 2.7%     | 4.6%     | 6.31%   | 15.43%  | 20.43%  |         |
| % of young people attending 30 or more sessions  | Torfaen       | 1.92%    | 5.46%    | 2.87%   | 6.39%   | 10%     |         |
| per academic year                                | Monmouthshire | 6.14%    | 1.21%    | 8.24%   | 5.33%   | 6.33%   |         |
| (Source: Sport Wales 5x60 MI Report)             | Newport       | 1.57%    | 1.49%    | 3.41%   | 9.49%   |         |         |
|  | Region        | 3.19%    | 3.61%    | 5.52%   | 8.92%   |         |         |
|  | WALES         | 4.29%    | 5.16%    | 6.53%   | 6.43%   |         |         |
|  | Caerphilly    | N/A      | N/A      | 26%     | 39%     | 43%     | 44%     |
|  | Blaenau Gwent | N/A      | N/A      | 27%     | 37%     | 42%     | 50%     |
| % of 7-11 year olds "Hooked on Sport"            | Torfaen       | N/A      | N/A      | N/A     | 34%     | 39%     | 44%     |
| (Source: School Sport Survey, Sport Wales) N/A=  | Monmouthshire | N/A      | N/A      | N/A     | 42%     | 45%     | 50%     |
| survey not available or achieved in those years  | Newport       | N/A      | N/A      | N/A     | 43%     | 53%     | 63%     |
|  | Region        |          |          |         | 40%     | 44%     | 50%     |
|  | WALES         | N/A      | N/A      | 28%     | 40%     |         |         |
|  | Caerphilly    | 69.6%    | 77.7%    | 81.2%   | 82.3%   | 84.5%   |         |
| % of pupils achieving Level 5 in the Key Stage 3 | Blaenau Gwent | 62.7%    | 73.1%    | 72.9%   | 78.6%   |         |         |
| Non-Core Teacher Assessment Results in           | Torfaen       | 64.6%    | 71.9%    | 78.4%   | 85.8%   |         |         |
| Physical Education                               | Monmouthshire | 82.2%    | 84.4%    | 85.9%   | 89.7%   |         |         |
| (Source: National Office of Statistics)          | Newport       | 78%      | 80%      | 83.1%   | 85.4%   |         |         |
| (Source: National Office of Statistics)          | Region        |          |          |         | 84.3%   | 86%     |         |
|  |               |          |          |         | 86.1%   | 88%     |         |
|  | WALES         | 73.9%    | 78%      | 82.2%   |         |         |         |

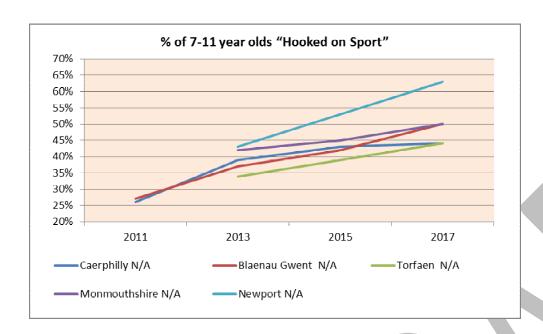
| % of children age 11 years achieving swimming 25                                | Caerphilly    | 53%       | 27%       | 61%       | 58%     | 91%    |     |
|---|---------------|-----------|-----------|-----------|---------|--------|-----|
| metres  | Blaenau Gwent | 55%       | 80%       | 70%       | 81%     | 92%    |     |
| (Source: Local Government Data Unit)  | Torfaen       | 86%       | 90%       | 80%       | 86%     | 88%    |     |
| (Source: Local Government Data Onit)  | Monmouthshire | 73%       | 63%       | 75%       | 70%     | 75%    |     |
|   | Newport       | 49%       | 63%       | 66%       | 63%     | 71%    |     |
|   | Region        | 63%       | 65%       | 70%       | 71%     | 83%    |     |
|   | WALES         | 67%       | 69%       | 75%       | 67%     | 85%    | 91% |
|   | Caerphilly    | N/A       | 6456.88   | 6634.77   | TBC     | 8510   |     |
| The number of visits to a local authority sport and                             | Blaenau Gwent | N/A       | 12350.79  | 13716.61  | TBC     | 17185  |     |
| leisure centres during the year where the visitor                               | Torfaen       | N/A       | 7478.74   | 7624.62   | TBC     | 7700   |     |
| will be participating in physical activity, per 1000                            | Monmouthshire | N/A       | 4873.65   | 5962.37   | TBC     | 7060   |     |
| population  | Newport       | N/A       | 7639.19   | 7408.32   | TBC     |        |     |
| (Source: Wales Data Unit)   | Region        |           | 38,799.25 | 41,346.69 | TBC     |        |     |
|   | WALES         | N/A       | 8523.52   | 8760.86   | TBC     |        |     |
|   | Caerphilly    |           |           | l         | ]       | 93%    |     |
|   | Blaenau Gwent |           |           |           |         |        |     |
| % of customers reporting good or excellent for                                  | Torfaen       |           |           |           |         |        |     |
| Leisure Centre facilities and provision   | Monmouthshire |           |           |           |         |        |     |
| (Source: Local Authorities)  Data Development Agency Source: Local Authorities) |               | it Agenua |           |           |         |        |     |
|   | Region        |           |           |           |         |        |     |
|   | WALES         |           |           |           |         |        |     |
| Dragon Registrations (7-11)   | Caerphilly    | 8212      | 10496     | 10724     | 10322   | 10500  |     |
|   | Blaenau Gwent | 4887      | 5275      | 4771      | 5060    | 6163   |     |
|   | Torfaen       | 7705      | 9605      | 12845     | 11175   | 11355  |     |
|   | Monmouthshire | 7815      | 16046     | 5644      | 6789    | 16596  |     |
|   | Newport       | 8386      | 7101      | 6525      | 8397    | 6256   | _   |
|   | Region        | 37,005    | 73,899    | 40,509    | 41,743  | 50,870 |     |
|   | WALES         | 179,418   | 209,804   | 223,755   | 229,687 |        |     |
| % children participating in 5x60  | Caerphilly    | 48.09%    | 51.12%    | 61.27%    | 57.32%  | 58.32% |     |
|   | Blaenau Gwent | 63.50%    | 56.19%    | 52.13%    | 59.61%  | 60.61% |     |
|   | Torfaen       | 55.71%    | 55.98%    | 47.81%    | 57.48%  | 58.48% |     |
|   | Monmouthshire | 35.20%    | 42.66%    | 45.04%    | 35.23%  | 36.23% |     |
|   | Newport       | 47.25%    | 25.50%    | 50.75%    | 49.57%  | 59.57% |     |
|   | Region        | 49.95%    | 46.29%    | 51.4%     | 51.8%   | 54.64% |     |
|   | WALES         | 50.87%    | 53.26%    | 56.19%    | 53.93%  |        |     |

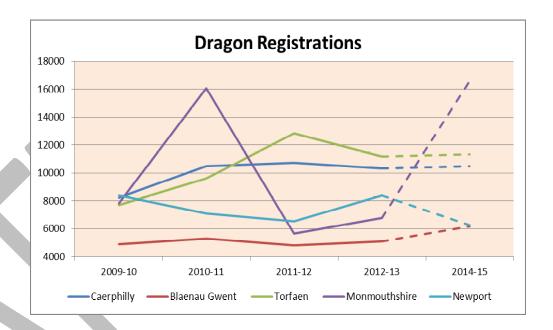
## Documents that will support the implementation of this outcome - Links to partners priorities

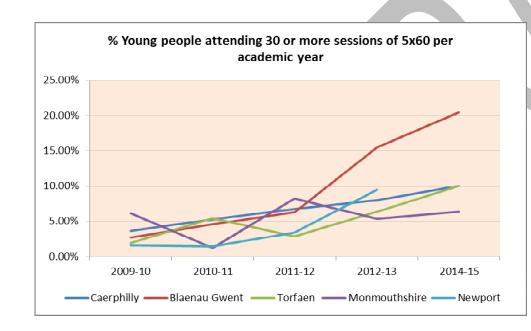
- Creating an Active Wales
- A vision for Sport in Wales
- Sport Wales Coaching Strategy
- Local Authority Scorecards/Action Plans

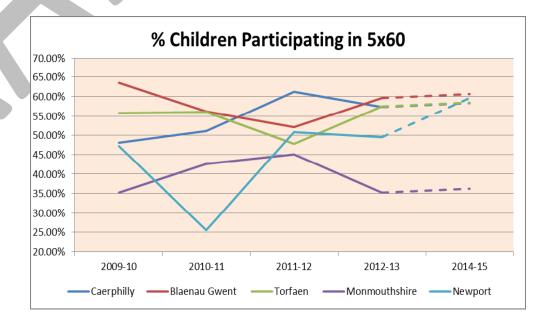
### **Story Behind Performance**

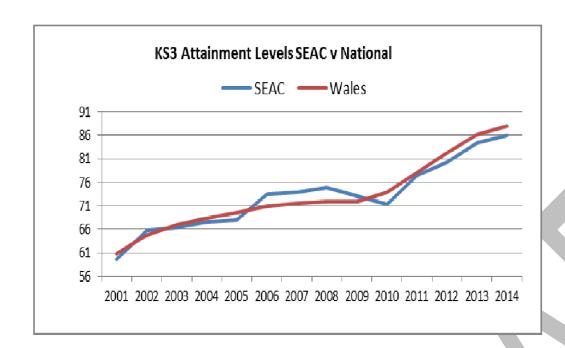
- There is a general upward trajectory in LA participation rates in the 5x60 programme from 2009/10 to 2011/12; however Newport and Monmouthshire are positioned below the national average of 53.93%. Blaenau Gwent has the highest participation rate at 59.61%. This is a big shift from their below average percentage in 2012/13 representing a 7% increase. Torfaen have made the biggest improvement over the past year with a 10% increase with their engagement.
- With regards to "hooked on sport for life" (3 times or more per week)all LA's have robust data and there was a high level response rate from schools (86% now have their reports) Highest totals across Wales from the Gwent region, with Blaenau Gwent and Monmouthshire achieving 100% response rates from their schools. This rich data will set the stage for developing effective plans across the region, LA's and schools.
- There is an overall upward trajectory across the region with pupils achieving Level 5 at Key Stage 3 via non-core teacher assessments; Monmouthshire (89.7%) are the only LA above the Welsh average (86.1%). There has been significant improvement in Torfaen. Blaenau Gwent (78.6%) are the lowest LA in Wales.( only LA in the 70's)
- The indicator for the % of children age 11 years achieving swimming 25 metres fluctuates across the region. Blaenau Gwent, Monmouthshire and Torfaen above the national average. Work is being done to have more consistency in this data and also looking at more effective delivery of school swimming.

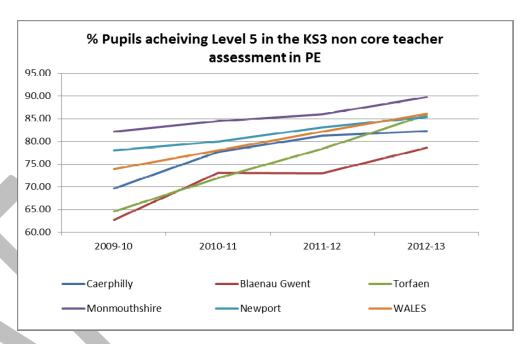


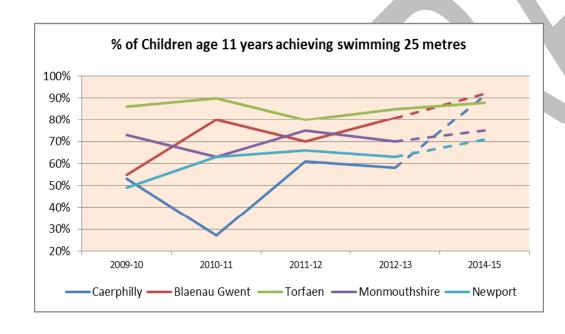


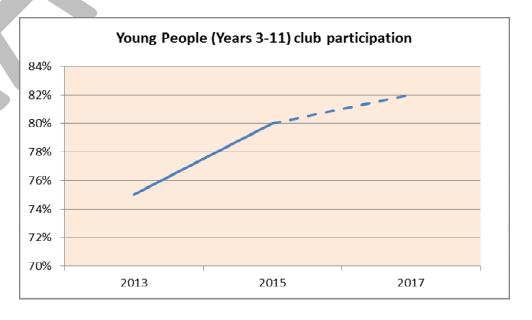












## The following information is taken from the 2013 School Sport Survey, and will provide the evidence of whether the plan has been successful.

## Participation 3 Times a week – "Hooked on Sport"

In the South East Wales Region (across years 3-11), 39.9% of pupils reported participating on at least 3 x occasions per week. Boys' figures for this age range were 43.5% whilst Girls are less likely to participate on 3 occasions with a figure of 36.1%.

Overall, 41.1% of pupils in Years 3-6 in the South East Wales Region reported that they had participated in extracurricular and/or club sport at least three times a week, whilst the figure for years 7-11 was 39%. Boys were more likely to meet the "Hooked" measure – Boys (43.4% in Primary and 43.5% in Secondary) whilst Girls (38.5% Primary and 34.3% Secondary).

The figures are slightly below the Welsh average of 40.1% (Years 3-11), which consists of 44% of males and 36% of females.

# Where the South East Region would like to be in 2015 / 2017 – Turning the curve - Participation 3 times per week - 'Hooked on Sport'

| Population outcome area  | 2013                                  | 2015 | 2017 |
|--|---------------------------------------|------|------|
| Pupils in Years 3-11 in the South East Wales Region reporting that they had participated in extracurricular and/or club sport at least three times a week. | <b>39.9%</b> (Male 43.5% females 36.1 | 45%  | 50%  |

### **Young Peoples Club Participation**

75% of South East Wales pupils participated at least once in sport in a club outside of school in the 2012/13 school year. This compares with a national participation rate of 77%. 54% of South East Wales pupils participated frequently (participating at least once a week on average in sport in a club outside of school, in the 2012/13 school year), compared with a national participation rate of 55%. This is further broken down to show that years 3-6 are more likely to participate in a club than at Secondary age. The gender divide is highlighted at both age groups with males (81% Primary, 74% Secondary) more likely to participate in a club than females (76% Primary, 69% Secondary).

| Population outcome area                               | 2013 | 2015 | 2017 |
|---|------|------|------|
| Pupils in Years 3-11 in the South East Wales Region   |      |      |      |
| reporting that they had participated in sport at a    | 75%  | 80%  | 82%  |
| club not in school at least once in the previous year |      |      |      |

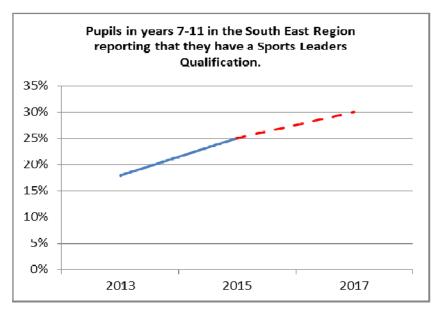
## Leadership

#### Where the South East Region would like to be in 2015 / 2017 – turning the curve – Young People leading activity.

The South East Wales Region - School Sport Survey results have shown that 18% of pupils in the Secondary Schools stated that they had a Sports Leaders Qualification. In terms of delivery with these qualifications 38% led activities at school, 24% in Primary School, 14% in the Community and 31% in Sports Clubs.

As a Region we would like to increase this figure and to provide more opportunities for these young people to use these skills in the wider Community to younger children that harbours physical literacy and a life- long love of sport.

| Population outcome area  | 2013 | 2015 | 2017 |
|--|------|------|------|
| Pupils in years 7-11 in the South East Region reporting that they have a Sports Leaders Qualification. | 18%  | 25%  | 30%  |



## What are we going to do to improve performance in 2014/15?

- 1. Deliver the work identified in the four key scorecards and LA plans
- 2. To provide leadership and volunteering opportunities for the children and young people in the South East Region.
- 3. To continue to work with thriving clubs in the South East Region to assist in the building of volunteers and club infrastructure.
- 4. To support core staff in the South East Region with a mentoring programme.
- 5. To support the development of physical literacy in the community.
- 6. To support the development of swimming and aquatics in the South East Region.
- 7. To support Data and Systems across the South East Region.
- 8. To expand the Positive Futures programme across the South East Region.
- 9. To undertake a facilities review across Gwent
- 10. To identify roles that can be established working across Gwent.
- 11. To Utilise the CORL sub group to scrutinise the whole plan including Sport Wales core funding.
- 12. To mirror the development of the regional netball pathway with other focus sports.
- 13. To use the Chair of sub group and SW regional manager to report progress 6 monthly (using RBA format) to CORL group.
- 14. To continue to work with Women and Girls across the regional as a priority.
- 15. Local plans will consider local population outcome measures to determine impact against specific minority groups.
- 16. All LA'S will work towards the in sport Bronze award, having all achieved the Ribbon award.

#### **HOW MUCH?**

#### Links to Swimming Pathway

# of All Swims

Amount of free structured swimming activities U17 (per 1,000 pop. of U17s) Amount of free structured swimming activities 60+ (per 1,000 pop. of 60+)

#### Links to "Physically Active"

- # 5 \* 60 Engagement & Retention measures & gender
- # Dragon Sport Clubs (old DS & new multiskills)
- # Leisure centre use (LCS02)
- % of schools with a Young Ambassador
- # Community Chest projects supported

#### Links to People achieve their potential

Local NGB data

% of adults volunteering in last 12 months

#### <u>Links to People Are Literate</u>

# No of young people achieving Level 5 PE

#### **HOW WELL?**

#### Links to "Physically Active"

% of Community Chest Funding allocated

#### Links to People achieve their potential

- # No of coaches qualified in priority sports
- # No of qualified "active" Young Leaders
- % Sports Leaders deployed

#### IS ANYONE BETTER OFF?

#### Swimming Pathway

% pupils achieving baseline Learn to swim target by age 11

|   | Financial Summary 2014/15 – South East V                       | Wales Region         |
|---|--|----------------------|
| Priority  | Budget Allocation  | Lead LA              |
| Workforce Development                                   | £1400,000  | Caerphilly (CORL)    |
| Physical Literacy                                       | £35,000  | Blaenau Gwent (CORL) |
| Aquatics – Coach Education                              | *£27,000 (to come out of<br>Current University Under<br>spend) | Newport (CORL)       |
| Data and Systems  | £25,000  | Caerphilly (CORL)    |
| Positive Futures  | £50,000  | Newport (CORL)       |
| Priority Sports, Communities,<br>Women and Girls Themes | £100,000   | Locally per LA       |
| TOTAL   | £350,000<br>Sport Wales Investment                             | Torfaen              |